

A newsletter for mentees, mentors and parents.



# Mentoring Newsletter

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## Augusts Monthly Activity: Ausable Chasm

- We have 2 family Adventure passes. So we can take up to 10 mentors and mentees.
- Our passes include a scenic raft adventure with exploring the chasm. Website: <http://www.ausablechasm.com/>
- **Date:** August 23rd
- **Time:** Leave at 9:15 am
- **Meet:** At county building (look for me & van)
- 2hrs to get there & staying for 2-5hrs.

- Bring a change of dry clothes and a swim suit. Don't forget sunscreen.
- **\*\*Please be sure to call me to confirm your attendance.** This is important so I can be sure to reserve a second van and driver. I can transport 6 per a van.
- I plan on bringing a cooler with basic snacks and sandwiches.



So when you **rsvp**—vote for your choice of food!



## Fall 2009 Fashion Trends: by Kerrie Troseth on Suite101.com

Fashion mimics current culture and trends. This year's back to school fashion is influenced by the early '80s. In the early '80s the United States economy was coming out of a recession. People were still a bit leery about spending money, so fashion trends revolved around staple pieces that could be paired with multiple pieces. Punk rock and heavy music metal also started to crop up leaving disco and fluffy pop rock behind. These elements are influencing fall 2009 fashion.

### Clothing Trends for Fall 2009

The fall 2009 fashion forecast is black, metallic's, grays, and darker reds, blues, tweed and leather. All of these colors and textures can be combined with one another to form multiple outfits. Today's economy limits buyers spending, so pieces that can be used with other multiple garments are best bets. An example is black jeans with a silver metallic T-shirt. The jeans can also be dressed up with red top and metallic accessories. Layering is going to be another big trend in the fall. Teens can dress in layers during the school day to accommodate the change in school temperature. They can also mix up the outfit a bit to dressing for a football game, meeting up with friends, or even going to a party. A must-have for both girls and guys is a light jacket cropped for girls and regular length for the guys.

### Jeans, Skirts and Accessories for Fall 2009

Jeans are still going to be a staple in teen closets for the fall. Baggy pants are out and skinny jeans or tighter fitting jeans are in for both girls and guys. Skirts and dress hemlines will primarily be mid-thigh, which means goodbye to the micro-mini skirt. Bright colors are gone; however, bright mustard yellow seems to be the accent color for outfits: belts/sashes, coats, and headbands.

### Shoes for Teens in Fall 2009

One of the hottest shoe trends in the '80s was Converse high-top shoes. Those who wore the shoes often took permanent markers to the shoes to individually decorate them. Converse Shoe Company has brought this concept into the virtual arena. On Converse's website buyers can create their own individual shoe. Buyers can choose color or patterns for the outside body, inside body, heel stripe, tongue, lining, rubber sidewall, racing stripe, stitch, and laces. Additionally, some styles allow for personalization of a name or statement to be stitched on the shoe.

Read more: [http://colleges.suite101.com/article.cfm/fall\\_2009\\_fashion\\_trends\\_for\\_teens#ixzz0MSpHzicf](http://colleges.suite101.com/article.cfm/fall_2009_fashion_trends_for_teens#ixzz0MSpHzicf)



Special points of Interest

- Go to the Quiz bowl contest at the Youth Bureau Booth at the Washington County Fair for a chance to win prizes.

**I Believe...**

*That our background & circumstances may have influenced who we are, but, we are responsible for WHO WE BECOME...*



*Did you know?*

Did you know that in the time of Jesus a person of 33 years old was a senior?

In the time of Jesus a person of 33 years old was a senior. Even just 100 years ago, the average life span of Westerners was 47 years - only 4% of people reached age 65. Today, more than 10% of Westerners are 65 or older.

*Things to Do:*

**Aug 1:**

**Student Talent Show**

At the Little Theatre on the Farm in Fort Edward. 7pm, \$3.

**Aug 1-2:**

**Pow Wow**

Native American crafts & activities. Free, 10am-5pm. Rogers Island, Fort Edward.

**Aug 6:**

**Children's Music Workshop**

Hubbard Hall in Cambridge. Free, 1:30 pm, 677-2495

**Aug 6:**

**Dazzle Dogs**

Fort Edward Fire House. Dancing Dogs! Free, 7:45pm

**Aug 7-8:**

**Moreau Fun Days**

Moreau Recreation Park, So. Glens Falls. Music, car show, wagon rides, etc.

**Aug 21-23:**

**Lake George Family Festival**

Shepard Park, LG. Games, rides, music, etc. Free

**Aug 24-30:**

**Washington County Fair**

\$10, under 14 Free. Rte 29. Fairgrounds, Greenwich.

**Aug. 27:**

**Classic Car Night**

Downtown Glens Falls. Live 50's music. Free, 5-9pm

**Websites:**

**Channel One**

<http://www.channelone.com/fun/su-mmer-boredom-buster/>

**Suite101.com**

<http://www.suite101.com/>

**BJ Pnchbeck's Homework Helper**

<http://www.bjpinchbeck.com/english.html>

**Science Education Gateway**

<http://cse.ssl.berkeley.edu/egway/public.html>

**Crayola**

<http://www.crayola.com/>

*Surprising Origins of 4 Popular Lawn Games*

**Bocce: Highbrow Medieval Bowling** Sir Flinders Petrie, a well-known British archeologist, reportedly unearthed the tomb of an Egyptian child and discovered various rounded objects, which he assumed had been used in a primitive game of lawn bowling that we commonly know now as bocce.

Lawn bowling was reportedly so popular in the Middle Ages that many kings, from Edward III in 1361 to Henry VIII in 1541, specifically prohibited "artificers, laborers, apprentices, husbandmen, servants or serving-men, and other 'low-born' people" from participating in lawn bowling. The peasants, he feared, were wasting too much time playing in the grass.

**Croquet (a.k.a Crooked Stick) & the Origins of Wimbledon:** Like so many of our lawn games, the modern sport of croquet came to America by way of France and England.

Originally called "pall mall," this target game was eventually called croquet after the French word for crooked stick. A Brit, Walter Jones Whitmore, is credited with standardizing rules in his book, *The Field*, that was published in 1868. His countrymen embraced the game with such passion they formed the All England Lawn Tennis and Croquet Club in 1877. Today, we know the site better as Wimbledon, home of the world's most prestigious tennis championship.

**From Frisbie Pies to Frisbees:** Everyone in America knows about the nation's favorite lawn toys, the Frisbee flying disk and the Wiffle ball and bat. Did you know, however, that both games originated just a few years apart in the tiny state of Connecticut? A baker named William Russell Frisbie, who ran a shop at 363 Kossuth Street in Bridgeport, Ct., embedded his name in the bottom of his pie tins. Students at nearby Yale University took to tossing the metal tins through the air — hollering out "frisbie" as they threw. In the early 1950s, when the Whamo toy company released their "flying saucer," they borrowed the baker's name, with only a slight modification in spelling.

**The Wiffle Solution to Broken Windows:** Meanwhile in Shelton, Conn., David N. Mullany, a former semi-professional baseball pitcher, had a problem: his 12-year-old son was constantly in trouble for damaging school property with errant baseballs. David Jr. tried swapping hard balls for tennis balls, but those still put a hurt on the surrounding buildings. He tried playing with his father's small plastic golf balls, but those only flew straight and took the curveball out of the pitcher's repertoire. That's when David Sr. came up with an idea.

He had a friend who used plastic half-balls as cases for makeup. By gluing two halves together and cutting slotted holes on one side, he eventually came up with a whole new creation: a ball that easily made batters "whiff," slang of the day for striking out. Hence, soon after the Frisbee arrived on store shelves on its way to American lawns, the Wiffle ball and bat were not far behind.

# Busy Beach

**1** Below are three water-related words. Rearrange the letters of each word to form three water-related places.

**leak**  
**canoe**  
**seahorse** (Hint: Part of this word won't change.)

**2** August is the eighth month of the year. In this scene, find

- eight things that begin with the letter **s**
- something that rhymes with each of these eight words

**pail tents hog hand**  
**cane hair hat dock**

- eight beach balls.

**3** Make eight words using letters in the word **AUGUST**.

Answers on page 39.

**4** Find four things in this scene that are out of place or wrong.

**5** Make up a story about something that is happening here. If you can, create a few stories—perhaps a mystery, a silly story, and an adventure.



Illustrated by Erin Mauterer

## Mentors and Parents Corner

### Be There:

Parents of teenagers describe the teen years as a time of change, fear, rebellion, moodiness, disrespect, and frustration. But they also say it can be a time of fun, growth, adventure, sharing, understanding, and learning. Research shows that one of the best things you can do for your teen is simply **be there for them**.

\* Make individual time with your child, tell them you love them, listen, know what they are doing, set an example, parenting is tough...don't be afraid to ask for help, set rules and live by them, talk with them, and praise them when they are being good.

### What Kids Need to Succeed!

Regularly ask your kids what they are learning in school. Offer to help with homework in appropriate ways. Example: it's okay to help a child plan a special paper, and to be available for advice, suggestions, or rides to the library. It's *not* okay to write the paper.

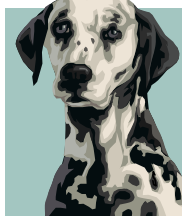
# Have FUN...Make a DIFFERENCE...Be a MENTOR

## Activity to do with your mentee/child

Both of you take a fun online personality "test" together, such as [What Breed of Dog are You](http://quiz.ivillage.com/home/tests/dogs.htm),

<http://quiz.ivillage.com/home/tests/dogs.htm>

you are by drawing, cutting and pasting or in a computer software program such as photoshop.

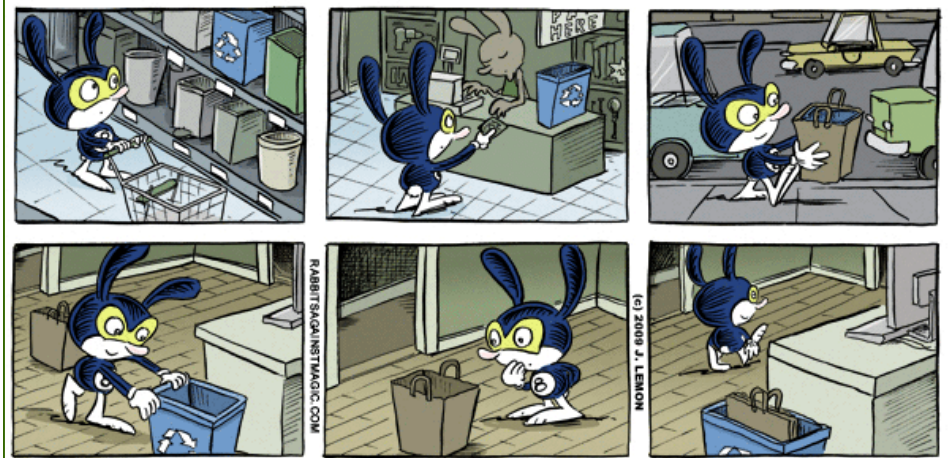


Your program coordinator matches a German Shepard.



and talk about your results, if you were surprised

by what your "test" results were, how they compare to each other, etc. You could draw pictures of the dogs or manipulate your face onto the dog



*Free Museum Day! September 26, 2009*

*<http://microsite.smithsonianmag.com/museumday/> Check out this Smithsonian website for a full list of participating museums.*

*~Children's Museum of Science & Technology ~USS Slater ~Schenectady Museum*

**Washington County Youth Bureau -**

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