

May 2019 Activities & Educational Events

Just Diagnosed, What's Next?

5/01 10:00 a.m. - 11:00 a.m. at Caregiver Support Initiative, 357 Bay Road, Suite 8, Queensbury
Free education and training program for caregivers of people with Alzheimer's disease and other dementias.
Call Stacey Barcomb to register, space is limited. (518) 832-4992

Quality of Life and Self Care

5/08 10:00 a.m. - 11:00 a.m. at Caregiver Support Initiative, 357 Bay Road, Suite 8, Queensbury
Free education and training program for caregivers of people with Alzheimer's disease and other dementias.
Call Stacey Barcomb to register, space is limited. (518) 832-4992

Supplemental Needs Trust Information Session

5/14 6:00 pm – 7:00 pm and **5/16** 10:00 am – 11:00 pm at SAIL-Queensbury, 71 Glenwood Avenue, Queensbury
These sessions share options for obtaining Medicaid eligibility. We will be discussing terms such as countable income, resources, excess income, spenddown and supplemental needs trusts. Sessions usually last about an hour.
Please contact James Swanson at 518-792-3537 to sign up for the information session!

Here & Now Connections – Hosted by the Hyde Collection

5/14 2:00 PM to 3:00 PM at the Hyde Collection, 161 Warren Street, Glens Falls
Once a month, in-home caregivers and individuals with dementia, early stages of Alzheimer's, and other cognitive challenges can participate in a free Museum program with an art-making activity. RSVP by contacting Keri Dudek at kdudek@hydecollection.org or 518-792-1761, ext. 317. Groups from care facilities can reserve Here and Now Tours for four to eight people by contacting Keri. FREE ADMISSION

Understanding Alzheimer's and Dementia

5/14 11:00 am – 12:00 pm Queensbury Senior Citizens Center, 742 Bay Rd, Queensbury
One-hour program explains basics of Alzheimer's and dementia. The Alzheimer's Association® has created an education program covering the basics of Alzheimer's and dementia to provide a general overview for people who are facing a diagnosis as well as those who wish to be informed.
To register for this free program please contact Victor at 518.867.4999 x 200 or email vicoles@alz.org

Creating A Strong Care Team

5/15 10:00 a.m. - 11:00 a.m. at Caregiver Support Initiative, 357 Bay Road, Suite 8, Queensbury
Free education and training program for caregivers of people with Alzheimer's disease and other dementias.
Call Stacey Barcomb to register, space is limited. (518) 832-4992

Understanding and Responding to Dementia-Related Behavior

5/21 1:00 pm – 2:30 pm at The Conkling Center, 79 Warren Street, Glens Falls
Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease. This program is free, but registration is required. To register, please call Victor Coles at 518-867-4999 x 200 or vicoles@alz.org

Dementia Conversations

5/28 11:15 am – 12:15 pm the Senior Center of The Kingsbury & Fort Edward Area, Inc., 78 Oak St, Hudson Falls
This workshop offers helpful tips to assist families with difficult conversations related to dementia, including going to the doctor, deciding when to stop driving, and making legal and financial plans. Appropriate Audience -This program is primarily designed for working adults who have a family member or close friend beginning to experience Alzheimer's or another dementia. However, those who are not working will also benefit from the program.
For more information please contact: 518-867-4999 x200

Caregiver & Adult Support Groups

Steps for Stroke

5/27/19 4:30 pm – 5:30 pm

GF Hospital, Community Learning Center, Side A

100 Park Street, Glens Falls

Call (518) 926-3413 for more information

Meets the last Monday of the month

Caregiver & Family Support

5/08/19 Wednesday 3:00 pm

The Stanton Nursing and Rehab Center

152 Sherman Ave, Glens Falls 518-793-2575

Facilitators: Andre Beaulieu and Laura Schidzick

Meets Every 2nd Wednesday of the month

Caregiver & Family Support

5/01/19 Wednesday 6:00 pm

Brookdale Queensbury

27 Woodvale Rd, Queensbury

Facilitator: Lindsay Stanislowski 793-5556

Meets 1st Wednesday of the Month

Caregiver & Family Support

5/14/19 Tuesday 11:00 am – 12:00 pm

The Glen at Hiland Meadows

39 Longfellow Dr., Queensbury

For more information call Stacey Barcomb 518-832-4992

Meets 2nd Tuesday of the month

Caregiver & Family Support

5/21/19 Tuesday 1:30 pm - 3:00 pm

Fort Hudson Nursing Home

319 Upper Broadway, Fort Edward

Facilitator: Lindsay Stanislowski 518-888-5368

Meets 3rd Tuesday of the month

Living with Loss from Suicide Support Group

5/08/19 Wednesday 6:00 pm – 7:30 pm

Greenwich Free Library 692-7157

148 Main Street, Greenwich

Meets 2nd Wednesday of the month

Memory Café – Caregiver Support Initiative

5/17/19 1:00 pm – 3:00 pm

Drums with Heather Bartos

Gospel Lighthouse Church

30 LaCross Street, Hudson Falls

For more information call Stacey Barcomb 518-832-4992

Caregiver & Family Support

5/06/19 6:00 pm – 7:00 pm at Cambridge Public Library

21 West Main Street, Cambridge

Facilitator: Mary Madison 518-677-3961

Meets 1st Monday of the month

Caregiver Support Group - Caregiver Support Initiative

5/01/19 1:00 pm – 2:00 pm

Greenwich Free Library, 148 Main Street, Greenwich

For more information call Stacey Barcomb 518-832-4992

Meets first Wednesday of the month

Nar-Anon Steps to Hope Group

Every Wednesday 7:00 pm – 8:00 pm

Pine Knolls Alliance Church

614 Gansevoort Road, South Glens Falls

Call Judy at (518) 796-0694

Email: stepstohope-info@delmartian.com

Good Grief Support Group

5/01/19 and 5/15/19 5:00 pm – 6:00 pm

High Peaks Hospice & Palliative Care

454 Glen Street, Carriage House, Glens Falls

Grove Street access parking

Call 743-1672 for more info and to register.

Meets 1st and 3rd Wednesdays