

WASHINGTON COUNTY OFFICE FOR THE AGING
ADVISORY COUNCIL MINUTES

March 5, 2018

The Washington County Office for the Aging Advisory Council met on March 5, 2018 at the Kingsbury/Ft. Edward Senior Center in Hudson Falls, New York. The meeting was called to order and the previous minutes were approved.

In attendance: Sharon Dunn, Pat Cantanucci, Max McDonnell, Gerald Foelsch, Patricia Provost, Alice Coldwell, Sandy Wheeler, Sandra Lufkin, Judith Stevens, Gretchen Stark, Linda Buerkley, Jodie Smith, Patty Hunt, Mindy Dudley and Gina Cantanucci-Mitchell.

Welcome Sandra Lufkin! Sandra is the new representative for Argyle.

Program Updates

- The Office for Aging one-page brochure was handed out and Gina went over some of the services and explained the QR reader that is located at the bottom of the brochure and how it works.
- Gina announced the 2018 State Senior of the Year. This year's awardees are Joseph Wright from Fort Ann and Dolores Mullen from Cambridge. Gina also explained that you can re-submit previous nominees.
- Gina updated everyone regarding the Warren/Hamilton home delivered meal proposal.
- March is National Nutrition Month. A packet was distributed that contained upcoming events, nutritional education, menu and the monthly nutrition newsletter.
- Gina shared the New York Statewide Senior Action Council Member Update newsletter. She explained some of the valuable information that it contained and recommended that if anyone had question or concerns to reach out to Albany.
- Medicare cards are going to look different. The cards will no longer have the social security number listed.
- We conducted the vote for the Advisory Council officer's – Max McDonnell (president) and Mary Ann Nichols (vice president).
- Patty Hunt from Public Health presented information regarding influenza. She explained there is 2 different strains this year and it is hard to predict what strain. In March they decide what strain it will be for the upcoming year. She explained it is important to continue to be vaccinated even when the wrong strain is predicted.
- Linda Buerkley joined the meeting and gave a presentation regarding journaling and sketching. She will be having sessions at each senior center. She received a grant to support the group. It was suggested that Linda read some of journaling at upcoming events.

Recent Events

- "Pop up Events" have been successful. If you are interested in an event in your area, contact Cait Johnston at (518) 746-2578 ext. 3440.

Upcoming Events

- March 23, 2018 – Supervisor's for Meals. Invite your Town Supervisor to participate in delivering meals on 3/23/18.
- April 19, 2018 – Argyle School Drama Club/Washington County Office for Aging Dinner Theatre. This year's play is The Little Mermaid. Dinner is at 5:00pm and the play will follow.
- May is Older Americans Month.

Open Discussion

- Max thanked everyone for attending the meeting.

A motion was made to adjourn the meeting and that motion was seconded.

Next meeting is June 4, 2018 at 10am at the Hebron United Presbyterian Church – 3153 County Route 30 – Salem, New York.